



ALZHEIMER'S DISEASE FACT SHEET AMG SENIOR MEDICAL GROUP



WHAT IS ALZHEIMER'S DISEASE?

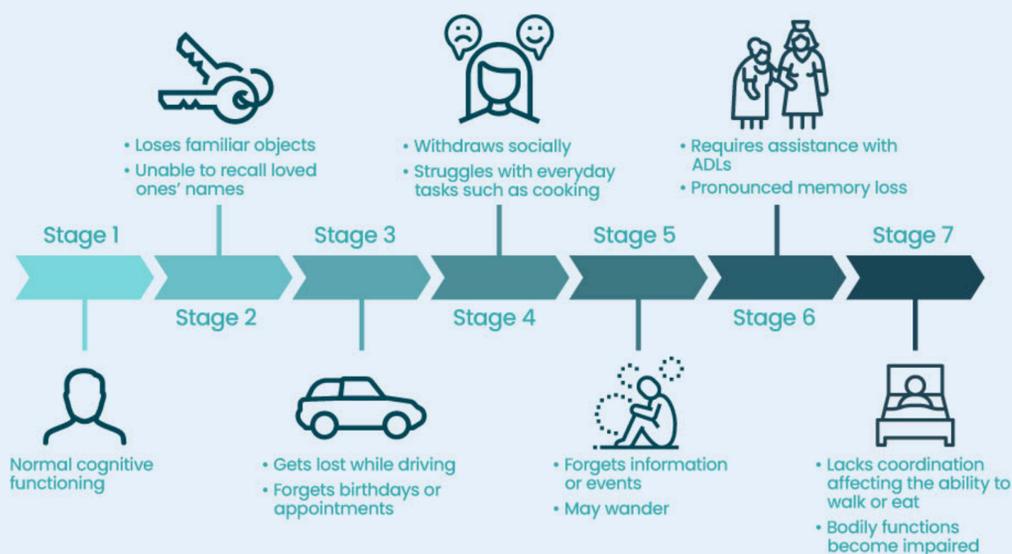
Alzheimer's disease, the most common form of dementia, is not a normal part of aging and is caused by a build of tiny plaques and tangles that form in the brain. Alzheimer's causes problems with memory, thinking, and behavior and worsens over time. In early stages of Alzheimer's, symptoms are mild and might not prevent an individual from doing every day activities by themselves. However, as the disease progresses, individuals with Alzheimer's need increasing support what activities of daily living.

SYMPTOMS OF ALZHEIMER'S DISEASE



- Memory loss
- Repeating statements and questions
- Forgetting conversations or events
- Misplacing items
- Get lost in familiar places
- Forgetting names of family members and every day objects
- Trouble finding the right words
- Thinking and reasoning
- Making judgements and decisions
- Planing and performing familiar tasks
- Changes in personality and behavior

The 7 Stages of Dementia



QUESTIONS?

See back for more resources & education. Reach out to your provider or local Alzheimer's Association Chapter with any questions about Alzheimer's disease!

EDUCATIONAL ARTICLES

Alzheimer's Association	https://www.alz.org/alzheimers-dementia/what-is-alzheimers
Alzheimer's Society UK	https://www.alzheimers.org.uk/about-dementia/types-dementia/alzheimers-disease
UCLA Health - Alzheimer's & Dementia Care	https://www.uclahealth.org/medical-services/geriatrics/dementia/caregiver-education
Alzheimer's Association	<i>Downloadable resources for patients and caregivers:</i> https://www.alz.org/professionals/health-systems-medical-professionals/for-patients-caregivers/downloadable-resources
OHSU Brain Institute	https://www.ohsu.edu/brain-institute/understanding-alzheimers-disease

EDUCATIONAL VIDEOS, PODCASTS, AND BOOKS

Dementia Careblazers (YouTube)	https://m.youtube.com/watch?v=HgsK0oFOa1g
National Institute on Aging (YouTube)	https://m.youtube.com/watch?v=20UZ6gISeo0
<i>Still Alice</i> by Lisa Genova	A fictional novel about a 50-year-old woman's sudden descent into early onset Alzheimer's disease, written by author Lisa Genova, who holds a Ph. D in neuroscience from Harvard University.
Dementia Matters: A podcast about Alzheimer's disease	https://www.adrc.wisc.edu/dementia-matters - The podcast is also available in iTunes, Spotify, and other popular podcasting apps

