



VASCULAR DEMENTIA FACT SHEET AMG SENIOR MEDICAL GROUP



WHAT IS VASCULAR DEMENTIA?

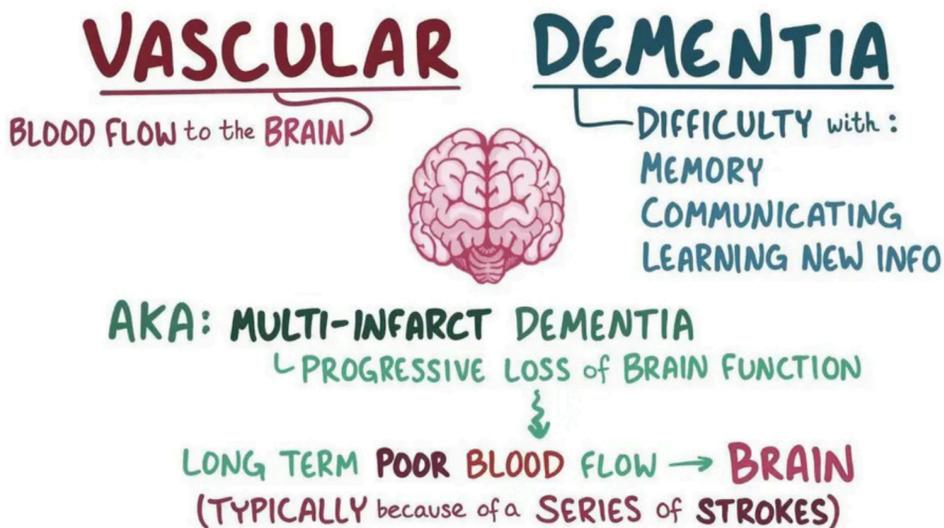
Vascular dementia, the second most common type of dementia after Alzheimer's disease, describes a decline in cognitive abilities such as memory, planning, reasoning, and judgement. Vascular dementia is a result of a reduction or blockage of blood flow to the brain. Some individuals may experience memory loss, whereas other individuals may primarily exhibit changes in mood and behavior.



SYMPTOMS OF VASCULAR DEMENTITA



- Confusion
- Sleeping issues
- Memory loss
- Mood changes
- Tremors
- Balance problems
- Trouble understanding or using words
- Personality and behavior changes
- Incontinence problems
- Unctronolled episodes of laughing or crying



QUESTIONS?

See back for more resources & education. Reach out to your provider or local Alzheimer's Association Chapter with any questions about Vascular Dementia!

EDUCATIONAL ARTICLES

Family Caregiver Alliance	https://www.caregiver.org/resource/vascular-dementia/
UCSF Health	https://www.ucsfhealth.org/education/coping-strategies-for-vascular-dementia-caregivers
The Good Care Group	https://www.thegoodcaregroup.com/live-in-care/dementia-care/how-to-care-with-someone-with-vascular-dementia/
Alzheimer's Organization UK	https://www.alzheimers.org.uk/sites/default/files/2022-05/402LP-what-is-vascular-dementia.pdf
Stroke Association	https://www.stroke.org.uk/stroke/effects/vascular-dementia/supporting-someone-with-vascular-dementia

EDUCATIONAL VIDEOS & PODCASTS

Dementia Careblazers (YouTube)	https://www.caregiver.org/resource/vascular-dementia/ <i>see rest of channel for other educational videos</i>
The National Institute on Aging (YouTube)	https://www.ucsfhealth.org/education/coping-strategies-for-vascular-dementia-caregivers
Thoughtful Connections: Memory Care Podcast (Ep 16. What is Vascular Dementia)	https://www.arrowseniorliving.com/blog/what-is-vascular-dementia-thoughtful-connections-a-memory-care-podcast-ep-16/
The Dementia Care Partner (Podcast)	https://www.thegoodcaregroup.com/live-in-care/dementia-care/how-to-care-with-someone-with-vascular-dementia/

